PART 1: UNDERSTANDING TRAUMA

Wednesday, Nov 4
9:00am - 12Noon



Open to all adults registered in the CLN including Caregivers, Social Workers, and Community Professionals working with children / youth.

Certified Sexual Health Educator:
kerri@powerupeducation.com
www.powerupeducation.com

While these workshops are in a series and build upon each other, please feel free to join us for 1, 2 or all 3 workshops!

Kerri Isham is a knowledgeable, collaborative and inclusive educator with over 25 years of experience. She is the founder and lead educator of Power Up Education.

In this workshop you will learn about:

1. What is trauma?
2. Responses to trauma (freeze/flight/fight/appease)
3. Attachment styles
4. Long-term trauma response
5. Empathy and vulnerability
6. Children and Trauma
7. Trauma Support
8. Adverse Childhood Experiences (ACEs)
9. Resiliency

Can't make the date and time? *This workshop will be recorded and available for 30 days only.*

REGISTER NOW

Need to cancel your registration for a workshop? Email support@psacln.ca

New to the CLN? register here